



## Blood donors like you help people like **Brennah**»

In 2005, Brennah was a passenger in a head-on collision with a semi trailer and sustained massive internal injuries. During her stay at Lucile Packard Children's Hospital, she endured nine major surgeries and transfusions of plasma and red blood cells. "Because of blood donors I have a life that can be whatever I want it to be," says Brennah. "Please donate blood and save a life like mine."

### **Blood donors must:**

- » Be at least 17 years of age
- » Weigh at least 110 lbs
- » Be free of cold and flu symptoms (allergies okay; as are most medications)
- » Eat before donating & drink plenty of fluids
- » BRING PHOTO ID

### **Unfortunately, you will be deferred:**

- » If you stayed in the U.K. for a cumulative time of three months or more between 1980 and 1996;
- » If you spent five years or more since 1980 in specified European countries (please call the Resource Nurse);
- » For one year if, within the last twelve months, you traveled to India or certain parts of Mexico, China, Africa, Central and South America, the Caribbean, or the Philippines

## **Blood Drive Details»**

### **SLAC Blood Drive**

**Date:** Wednesday, January 19, 2011

**Time:** 8:00 am - 3:00 pm

**Location:** Panofsky Auditorium Lobby

### **To make an appointment»**

- Browse to <http://bloodcenter.stanford.edu>
- Click on "Schedule an Appointment"
- Search by sponsor code "0136"

Appointments will be given priority, but walk-ins are welcome.

For more information, please contact Lauren Barbieri at ext. 62354 or [laurenb@slac.stanford.edu](mailto:laurenb@slac.stanford.edu).

Please call or check our website for more detailed information.  
**888-723-7831 • [bloodcenter.stanford.edu](http://bloodcenter.stanford.edu)**

### **Special benefits for donors»**

Blood donors get the satisfaction of knowing they've helped to provide hope and life to a patient in a local hospital.

Each donor will also receive a coupon for a free pint of Baskin Robbins ice cream.

**STANFORD**  
**BLOOD CENTER** 

***Give blood for life!***

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